

		FROM																												
TO	RF	Adelaide	Albury	Bendigo	Brisbane	Cairns	Canberra	Capricorn Coast	Central Coast	Coffs Harbour	Devonport	Geelong	Gold Coast	Hobart	Launceston	Mackay	Maryborough	Melbourne	Newcastle	Northern Rivers	Orange	Perth	Port Macquarie	Riverina	Sunshine Coast	Sydney	Toowoomba	Townsville	Wide Bay	Wollongong
		Adelaide	Albury	Bendigo	Brisbane	Cairns	Canberra	Capricorn Coast	Central Coast	Coffs Harbour	Devonport	Geelong	Gold Coast	Hobart	Launceston	Mackay	Maryborough	Melbourne	Newcastle	Northern Rivers	Orange	Perth	Port Macquarie	Riverina	Sunshine Coast	Sydney	Toowoomba	Townsville	Wide Bay	Wollongong
Adelaide	0-1	3-4	3-4	4-5	6-7	3-4	5-6	4-5	4-5	5-6	3-4	4-5	5-6	5-6	5-6	5-6	2-3	4-5	4-5	4-5	6-7	4-5	5-6	5-6	3-4	5-6	6-7	4-5		
Albury	2-3	0-1	2-3	2-3	4-5	1-2	3-4	2-3	2-3	4-5	1-2	2-3	4-5	4-5	4-5	3-4	3-4	1-2	2-3	2-3	2-3	1-2	3-4	1-2	3-4	4-5	3-4	1-2		
Bendigo	2-3	2-3	0-1	3-4	5-6	2-3	4-5	3-4	3-4	4-5	1-2	3-4	4-5	4-5	4-5	4-5	4-5	1-2	3-4	3-4	3-4	3-4	4-5	2-3	4-5	5-6	4-5	2-3		
Brisbane	3-4	4-5	3-4	0-1	2-3	2-3	1-2	1-2	1-2	5-6	2-3	1-2	5-6	5-6	1-2	1-2	2-3	1-2	1-2	1-2	2-3	6-7	1-2	4-5	1-2	1-2	2-3	1-2		
Cairns	6-7	6-7	6-7	3-4	0-1	5-6	4-5	4-5	4-5	8-9	5-6	3-4	8-9	8-9	2-3	4-5	6-7	4-5	4-5	4-5	9-10	4-5	7-8	4-5	4-5	3-4	2-3	4-5	4-5	
Canberra	2-3	1-2	2-3	2-3	4-5	0-1	3-4	2-3	2-3	4-5	1-2	2-3	4-5	4-5	3-4	3-4	1-2	2-3	2-3	2-3	2-3	2-3	3-4	1-2	3-4	4-5	3-4	1-2		
Capricorn Coast	4-5	4-5	4-5	1-2	3-4	3-4	0-1	2-3	2-3	6-7	3-4	1-2	6-7	6-7	1-2	1-2	3-4	2-3	2-3	2-3	3-4	7-8	2-3	5-6	1-2	2-3	1-2	2-3		
Central Coast	3-4	3-4	3-4	1-2	3-4	2-3	2-3	0-1	1-2	5-6	2-3	1-2	5-6	5-6	2-3	2-3	2-3	1-2	1-2	1-2	6-7	1-2	4-5	1-2	1-2	3-4	2-3	1-2		
Coffs Harbour	3-4	3-4	3-4	1-2	3-4	2-3	2-3	1-2	0-1	5-6	2-3	1-2	5-6	5-6	2-3	2-3	2-3	1-2	1-2	1-2	6-7	1-2	4-5	2-3	1-2	3-4	2-3	1-2		
Devonport	5-6	5-6	5-6	5-6	7-8	5-6	6-7	5-6	5-6	0-1	4-5	5-6	1-2	1-2	6-7	6-7	3-4	5-6	5-6	5-6	8-9	5-6	5-6	5-6	4-5	5-6	7-8	6-7	4-5	
Geelong	2-3	2-3	2-3	3-4	5-6	2-3	4-5	3-4	3-4	4-5	0-1	3-4	4-5	4-5	4-5	4-5	4-5	1-2	3-4	3-4	3-4	3-4	4-5	2-3	3-4	5-6	4-5	2-3		
Gold Coast	4-5	3-4	3-4	1-2	3-4	2-3	2-3	1-2	1-2	6-7	3-4	0-1	6-7	6-7	2-3	3-4	1-2	1-2	2-3	6-7	1-2	4-5	1-2	1-2	3-4	2-3	1-2			
Hobart	5-6	5-6	5-6	5-6	7-8	5-6	6-7	5-6	5-6	1-2	4-5	5-6	0-1	1-2	6-7	6-7	3-4	5-6	5-6	5-6	8-9	5-6	5-6	5-6	4-5	5-6	7-8	6-7	4-5	
Launceston	5-6	5-6	5-6	5-6	7-8	5-6	6-7	5-6	5-6	1-2	4-5	5-6	1-2	0-1	6-7	6-7	3-4	5-6	5-6	5-6	8-9	5-6	5-6	5-6	4-5	5-6	7-8	6-7	4-5	
Mackay	4-5	4-5	4-5	1-2	1-2	3-4	1-2	2-3	2-3	6-7	3-4	1-2	6-7	6-7	0-1	2-3	3-4	2-3	2-3	3-4	7-8	2-3	5-6	1-2	2-3	1-2	2-3	2-3		
Maryborough	4-5	4-5	4-5	1-2	3-4	3-4	1-2	2-3	2-3	6-7	3-4	1-2	6-7	6-7	2-3	0-1	3-4	2-3	2-3	3-4	7-8	2-3	5-6	1-2	2-3	1-2	3-4	2-3		
Melbourne	1-2	1-2	1-2	2-3	4-5	1-2	3-4	1-2	2-3	3-4	1-2	2-3	3-4	3-4	3-4	0-1	2-3	2-3	2-3	2-3	5-6	2-3	2-3	3-4	1-2	2-3	4-5	3-4	1-2	
Newcastle	3-4	3-4	3-4	1-2	3-4	2-3	2-3	1-2	1-2	5-6	3-4	1-2	5-6	5-6	2-3	2-3	2-3	0-1	1-2	2-3	6-7	1-2	4-5	1-2	1-2	3-4	2-3	1-2		
Northern Rivers	3-4	3-4	3-4	1-2	3-4	2-3	2-3	1-2	1-2	5-6	2-3	1-2	5-6	5-6	2-3	2-3	2-3	1-2	0-1	2-3	6-7	1-2	4-5	1-2	1-2	3-4	2-3	1-2		
Orange	4-5	4-5	4-5	3-4	5-6	3-4	4-5	2-3	3-4	6-7	3-4	1-2	6-7	6-7	2-3	0-1	3-4	2-3	2-3	3-4	7-8	2-3	5-6	1-2	2-3	1-2	3-4	2-3		
Perth	6-7	7-8	7-8	7-8	9-10	7-8	8-9	7-8	7-8	9-10	7-8	7-8	9-10	9-10	8-9	8-9	6-7	7-8	7-8	7-8	0-1	7-8	8-9	8-9	6-7	8-9	9-10	8-9	7-8	
Port Macquarie	3-4	3-4	3-4	1-2	3-4	2-3	2-3	1-2	1-2	5-6	2-3	1-2	5-6	5-6	2-3	2-3	2-3	1-2	1-2	2-3	6-7	0-1	4-5	1-2	1-2	1-2	3-4	2-3	1-2	
Riverina	3-4	2-3	3-4	3-4	5-6	3-4	4-5	2-3	3-4	5-6	3-4	2-3	5-6	5-6	4-5	4-5	2-3	3-4	3-4	3-4	7-8	3-4	0-1	3-4	2-3	3-4	5-6	4-5	3-4	
Sunshine Coast	4-5	4-5	4-5	1-2	3-4	3-4	1-2	2-3	2-3	6-7	3-4	1-2	5-6	6-7	2-3	2-3	2-3	2-3	2-3	3-4	7-8	2-3	5-6	0-1	2-3	1-2	3-4	2-3	2-3	
Sydney	2-3	1-2	2-3	1-2	3-4	1-2	2-3	1-2	1-2	4-5	1-2	1-2	4-5	4-5	2-3	2-3	1-2	1-2	1-2	1-2	5-6	1-2	3-4	1-2	0-1	1-2	3-4	2-3	1-2	
Toowoomba	4-5	4-5	4-5	1-2	3-4	3-4	2-3	2-3	2-3	6-7	3-4	1-2	6-7	6-7	2-3	2-3	3-4	2-3	2-3	3-4	7-8	2-3	5-6	1-2	2-3	0-1	3-4	2-3	3-4	
Townsville	5-6	5-6	5-6	2-3	1-2	4-5	2-3	3-4	3-4	7-8	4-5	2-3	7-8	7-8	1-2	3-4	5-6	3-4	3-4	4-5	8-9	3-4	6-7	2-3	3-4	2-3	0-1	3-4	3-4	
Wide Bay	4-5	4-5	4-5	1-2	3-4	3-4	1-2	2-3	2-3	6-7	3-4	2-3	6-7	6-7	2-3	1-2	3-4	2-3	2-3	3-4	7-8	2-3	5-6	1-2	2-3	1-2	3-4	0-1	2-3	
Wollongong	3-4	3-4	3-4	2-3	4-5	2-3	3-4	1-2	2-3	5-6	2-3	2-3	5-6	5-6	3-4	3-4	2-3	2-3	2-3	2-3	6-7	2-3	4-5	2-3	1-2	2-3	4-5	3-4	0-1	

The above timeframes are calculated in business days, are intended as a guide only and are a reflection of recent past performance. There is no guarantee that parcels will be delivered within this timeframe as delivery is dependent on various factors such as freight volumes, capacity and any state or territory restrictions.